



Mobile Substance Use Disorder Support Team

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www.mobilesudsteam.com

Providing Guidance and Hope in a Crisis

Many individuals with substance use disorders bounce from crisis to crisis without receiving immediate and accessible support services.

The Mobile Substance Use Disorder Support program seeks to end this crisis cycle by offering mobile peer recovery and clinical support during the critical period during or following a hospital or detox center visit.

How the Program Works

Referrals come from East Metro Twin Cities hospital emergency rooms, inpatient units and detox facilities. The team contacts the referral by phone or text the same or next day by 10 a.m.

A peer recovery specialist meets with the referral to identify the person's desire for substance use reduction or abstinence and barriers preventing them from accomplishing their goals. Team members meet individuals in hospitals, treatment centers, the community, or at the participant's residence.

The peer recovery specialist consults with the clinical team to help develop a care plan. The team is able to conduct comprehensive assessments, make referrals to treatment programs and arrange other services.

Services are provided one month at a time. Each month a care plan is created and participants choose the level of involvement for the upcoming month.

Who We Serve

- Adult residents (18+) of Ramsey, Dakota and Washington Counties
- Voluntarily agrees to Mobile SUDS team approach and services
- Services are free of charge to participants

The Mobile SUDS Team

Certified Peer Recovery Specialists

Also known as Peer Recovery Coach

- Provides peer connection sharing personal experience with problematic substance use and recovery efforts
- Offers non-judgemental and compassionate approach to help identify perspectives of a life of wellness
- Meets participants for wellness activities like coffee shop visits, sober support meetings, yoga, etc.
- Completes care plan each month identifying wants and needs for resources and activities
- Assists with transportation to appointments, activities and resources

Licensed Alcohol and Drug Counselor (LADC)

- Provides comprehensive assessments, counseling and treatment coordination
- Provides similar services as Peer Recovery Specialists

Dual Licensed Clinical Social Worker & LADC

- Conducts recovery clinical support group weekly
- Provides brief individual or couples therapy
- Case management assistance with resources

Please check out mobilesudsteam.com for more information on care plans, referral documents, resources and additional services.